



Frisby-on-the-Wreake

1 circular walk

5kms/1¼ miles plus 2 shortcuts



Frisby-on-the-Wreake

This leaflet is one of a series produced to promote circular walking throughout the county. You can obtain others in the series by visiting your local library or Tourist Information Centre. You can also order them by phone or from our website.



Your Parish or Local Community Group may wish to produce a walking leaflet, please contact the Access Officer at County Hall for more information.

It is advisable to wear suitable footwear when walking. Stout shoes or walking boots are recommended. Some stretches of the route follow minor country roads. Beware of traffic approaching from both directions. If possible stay on the verge, if not walk in single file on the right hand side of the road. Enjoy the walks, whilst observing the Countryside Code.

contact details:
Access Officer, Community Services Department, County Hall.
Telephone: 0116 265 8160 Fax: 0116 265 7965
Minicom: 0116 265 7334
email: footpaths@leics.gov.uk Website: www.leics.gov.uk/paths

The information in this leaflet is available in other formats on request.

under the national grid power lines and continue through to the next field.

4 Cross the large field aiming towards a short broken hedge, keeping the Kirby church spire slightly to your left.

(Shortcut No.2 – When level with the short hedge, turn left and follow the path with the hedge on your right. Cross the railway line and walk between two lakes to reach the road. Turn left and rejoin the main road at point 10).

5 At the end of the hedge, cross a footpath going towards the railway and bear slightly to the right and cross the ditch by the small bridge. Go straight across the next field, aiming for the gap in the hedge. Continue through the next small field to Station Lane.

6 Cross and follow the footpath, aiming for the far left corner. Continue over the next field bearing left and go through the kissing-gate onto Main Street in Kirby Bellars.

7 Turn left and go over the railway bridge and proceed towards the church.

The quiet, peaceful village of Kirby Bellars derives its name from the Beler family; the monument to Sir Roger Beler, a medieval lord of the manor, can be seen in the south aisle of St. Peter's Church.

At the gate of St. Peter's Church bear left on to the track to the nursery. Turn sharp right on entering the nursery and follow the path with the hedge on the right.

To your right, you can see the earthworks of the moated Kirby Priory, founded as a chantry in 1316, becoming an Augustinian Priory in 1359 and dissolved in 1534.

8 At the stile cross the field, bearing left towards the lifebouy on the water's edge.

This is the beginning of the causeway.

The Priory Wildlife and Water Park is a small developing nature reserve established on private land that was once occupied by gravel workings. As you walk between the disused pits, take time to enjoy the abundance of wildlife. You may spot a grebe, a cormorant or even a heron among the geese, ducks and swans.

On leaving the causeway, cross the track which leads to the Leicestershire Wildfowl Association's private property. Go over the stile and head for the posts by the river.

9 Keep the river on your right until you reach Station Lane.

10 Cross the road and continue along the footpath with the river on your right. Once past the small lake go over the stile and bear left away from the river aiming for the spire of St. Thomas' Church in Frisby. Cross over the ditch on the concrete bridge, over a stile and head for the stile in the corner of the field.

11 Go under the national power lines, turn right, and proceed with the hedge on your right and the railway on your left. Cross the railway with great care at the gated crossing.

12 Continue up the track passing the mill house on your right. You will then come into the bottom of Mill Lane heading to where you started the walk.

The routes are clearly marked with bold, yellow topped waymarker posts and waymarker discs with the Parish Walks symbol.

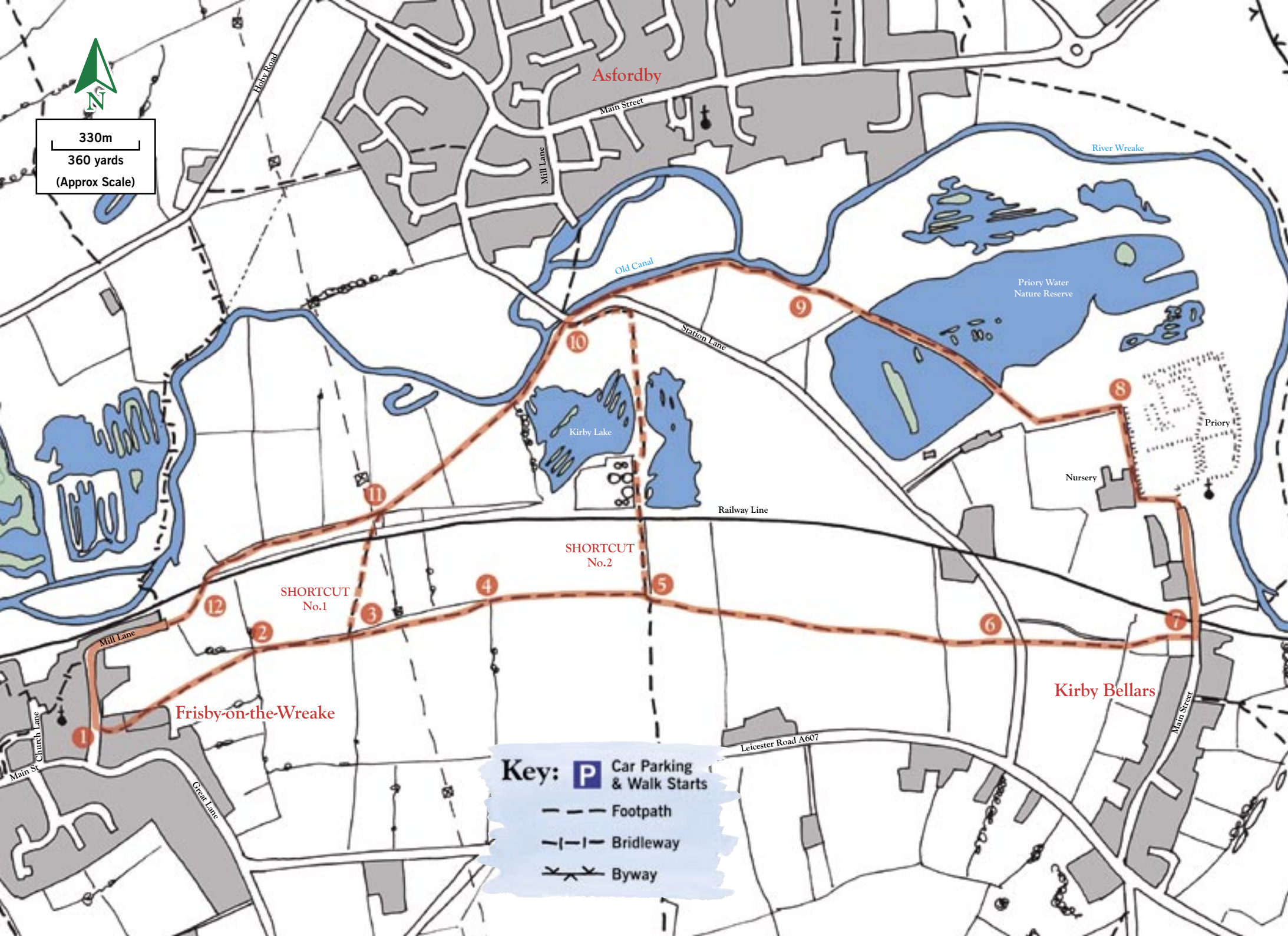


Walking - Be fit and well

Walking is a form of exercise that is suitable and enjoyable for all ages. It's a free and fun way for families and friends to get fit together. Just 30 minutes of brisk walking on a daily basis can benefit your health and quality of life.

useful information:

How to get there by:
Car: From the A607 to Melton Mowbray.
Bus: Service 128 Leicester to Melton Mowbray (Mon-Sat). Please confirm with Traveline (0870 608 2 608) before you travel.
Refreshments: The Bell public house and the Post Office, Main Street, Frisby, shop and several pubs in Asfordby



Frisby-on-the-Wreake is a charming village on the Upper Wreake Valley of the main A607 road, four miles west of Melton Mowbray. The old market cross stands at the end of Main Street opposite The Bell public house.

There are many interesting buildings in the village including the old coaching inn, the bakery, the butcher's shop and the water mill which are now private houses.

The Church of St. Thomas of Canterbury is well worth a visit. A wide variety of architectural styles and methods of building covering the last three hundred years can be seen in the village.

Walk: 5km (3¼ miles) allow 1¼ hours, easy walking in the Wreake Valley, which is rich in wildlife.

[Short cut no.1; 1½km (1 mile), allow ½ hour]
 [Short cut no.2; 3km (2 miles) ¾ hour]

Parking along Mill Lane, Frisby, behind the church
 Go along Mill Lane for a short distance then turn right up the path next to No. 8 "Bramblings".

1 Walk up the driveway, through the gate at the top, and bear slightly left across the field. Climb over the stile and cross the next field diagonally, keeping the two large trees in the distance to your left.

Ridge and Furrow
2 Keeping the hedge to your left, follow the footpath to the stile and bridge to cross the ditch.

(*short cut No.1 – turn left before the stile and bridge, cross the railway and rejoin the main route at point 11).

3 Go across the next field, bearing slightly left, pass

